



NUTRITIONAL INFORMATION

APPETIZERS

	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Sugars	Protein
Breadstick	190	70	7g	2g	0g	10mg	360mg	24g	1g	0g	7g
Breadstick Marinara Sauce	20	5	0g	0g	0g	0mg	105mg	3g	1g	1g	1g
Centioli (15 Servings)	1,950	900	90g	37.5g	0g	75mg	2,100mg	270g	60g	30g	75g

2,000 calories a day is used for general nutrition advice, but calorie needs vary.